

It only takes a minute to check your catheter.

A Bridge to Your Lifeline



Look

Look at your catheter dressing in the mirror.

It is **clean and dry**, and it **covers the exit site** (the place where the catheter comes out of your skin)



The dressing **does not cover the exit site**, it is **wet or dirty**, there is **blood or pus** on the dressing.



Feel

Feel over the catheter dressing. *Do not remove the dressing!*

The dressing is **dry** and there is **no pain** in the area under the dressing.



The dressing is **wet**, you have **pain** in the area under the dressing, **something feels different**, or you think you may have a **fever**.



If you notice any of the red "stop" signs during your daily catheter check, follow these instructions IMMEDIATELY:

Contact: _____

During regular facility hours _____

After hours _____



www.esrdncc.org

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