

University of Alabama Kidney Transplant Selection Criteria

Absolute contraindications to listing

- Active alcohol/substance abuse
- Ischemic cardiomyopathy with EF < 20%
- Pulmonary disease on continuous, 24 hours per day home oxygen
- Dependence on nursing home or hospice provider
- Aortobifemoral bypass grafting/stenting
- Cirrhosis
- Morbid obesity with BMI > 40

Relative contraindications to activation

- Any active malignancy, except non-melanoma skin cancer and certain incidental renal cell carcinomas
- Severe aortoiliac calcifications
- Occlusive vascular disease
- Pulmonary hypertension with PASP > 60mm/Hg
- Active untreated infections
- Documented gross history of noncompliance with medical therapy
- Significant functional/cognitive impairment without reliable caregiver
- Resources deemed inadequate to support necessary post-transplant care

Selection Criteria for Living Kidney Donors

Absolute contraindications to donation

- Diabetes
- History of melanoma
- Current incarceration
- HIV infection

Relative contraindications to donation

- Age < 18 or > 70 years
- Malignancy (other than melanoma) within 5 years prior to donor evaluation
- Exceptions include non-melanoma skin cancers
- Obesity (BMI > 35 kg/m²)
- Significant urolithiasis
- Persistent microscopic hematuria
- Reduced renal function (glomerular filtration rate ≤ 80mL/min)
- Proteinuria > 300 mg/ 24 hours, urinary albumin > 30 mg/24 hours
- Hypertension
- Abnormal glucose metabolism